

Why College Students Are Using Botox

Contributed by PRWeb press release

Just in time for returning collegians a researcher has discovered a new cure for their acne (<http://www.shahfacialplastics.com/index-12.html>) ... Botox.

"We found (Botox) cleared up the complexions of college-aged students," says Dr. Anil Shah M.D <http://www.shahfacialplastics.com/> . The Chicago plastic surgeon has just published the only study ever done showing injecting Botox into the skin lowers its oil production.

Dr. Shah says, "Treated patients had less oily skin, smaller pores, and a dramatic reduction in (pimples) and blackheads. Our subjects reported far fewer breakouts." The plastic surgeon is one of the only doctors in the world injecting Botox directly into the skin (as opposed to the muscles).

The medication eliminated the main cause of acne: the production of too much oil, or sebum, into the skin's pores. That sebum is produced by a patient's overactive sebaceous glands. Pimples occur when bacteria seeking sebum for food, invade the pore and cause it to become inflamed. The plastic surgeon says Botox decreases sebum keeping those bacteria at bay.

Dr. Shah has successfully treated over 100 patients. Many patients once devastated by their acne have gone a year or more without a breakout. But the plastic surgeon cautions the treatment isn't for everyone. "In teen-agers acne breakouts will usually subside on their own anyway. That's why I only treat patients of college age or older," he says. "Their hormonal changes are likely permanent. Most patients should opt for conventional therapies first like topical antibiotics, proper skin cleansers, etc. But when those measures don't work, Botox for their acne is often the treatment they need."

The most common previous treatment for refractory acne, Accutane, decreased oil production but produced side effects like liver damage, bleeding in the mouth, birth defects, and even suicide. Laser treatments never reach the skin's deep sebaceous glands and, thus, don't decrease their oil production.

While injecting Botox in the face is safe, it's rare largely because it's technically difficult. The muscle paralyzer has to be injected directly into a layer of skin just 1/25th of an inch thick. Go too deep and the physician can weaken the facial muscles and alter a patient's expressions. "I've never seen that," says Dr. Shah, "but the margin of error is small. Experience counts."

"Our study shows the thousands of college students dreading school because of their large pores (<http://www.shahfacialplastics.com/index-21.html>), shiny faces (<http://www.shahfacialplastics.com/index-21.html>) and acne breakouts can finally get some help. And best of all Botox works within weeks, just in time for the first day of class."