

## Amanda Holden takes Botox

Contributed by David Castillo

Amanda Holden, Britain's Got Talent judge, has admitted to being addicted to Botox. The star recently sat down with Heat magazine and even told details regarding how many injections she has had so far. To top it off, she posed for the publication without makeup.

The 40-year-old is still known as one of the most gorgeous women in British showbiz. However, she is quick to admit that her look is not all natural since she's a fan of Botox and she's been taking it for more than two years now.

While Holden likes Botox, she says she is well-aware of the procedure's risks and potential side effects.

"I have had Botox, which I'm happy to admit. It's running out now, though—I need to go again," Holden told Heat magazine.

Holden said that she decided to get the injections after spending many months in the African Sun. She treated it with Botox and has been hooked on the cosmetic drug ever since.

Holden told the magazine that she's heavy into Botox and is open to trying other fillers in the future. She said that she is not the kind to go for plastic surgery, because her skin condition is prone to visible scarring.