

Laser skin treatments are considered safer and better

Contributed by David Castillo

There are many skin conditions that are considered incurable. While surgery is always an option, going under the knife has its fair share of risks and it costs more. Now, cosmetic surgeons can offer better skin treatments, using laser technology, which give patients faster results at a lesser cost.

Laser surgery treatments can correct minor skin defects, this includes: facial scars, age spots, birthmarks, unwanted hair, warts, tattoos, and wrinkles.

Because laser surgery does not require incisions, there are no stitches and bleedings involved. With a faster healing process, laser surgery allows patients to get back to their normal activities quickly—saving them from 2-week mandatory rest periods, which are typical in traditional cosmetic surgery.

However, there are some conditions before one can undergo laser surgery treatments. First of all, one must be fit—specifically, he/she must be a non-smoker (for at least a month before the treatment). Second, he/she should have no severe health issues—this means no serious allergies, no current illnesses, etc. Finally, if the patient is a woman, pregnancy will automatically disqualify her from the treatment.

To ensure treatment quality, laser surgeries are usually developed over a long period of time. This gives patients the best results, quicker healing process, lower risk of scarring.